

### **Job Posting for:**

Wellness Counsellor

### **Job purpose**

The Wellness Counsellor is primarily responsible for assessment, planning, implementation and evaluation of Mental health promotion and prevention programming for at risk clients. Counselling clients on all issues of mental wellness, or referring clients to services as needed.

As a part of a multi-disciplinary team the Wellness Counsellor will be on the front lines working with at risk clients in various stages of rehabilitation and varied risks.

### **Duties and responsibilities**

#### **Program and Services**

- To provide support to at risk clients on an ongoing basis based on established standards
- To ensure consistency of quality, accountability and high standards in all client support and education. This includes working with other health staff to develop procedures, models and comprehensive frameworks of delivery
- To maintain accurate and complete statistical records, both qualitative and quantitative, for all clients, providing funders, particularly First Nations Health Authority, with comprehensive details on programs offered
- Maintain accurate and confidential case management files
- Provide monthly reports to the Director of Health on departmental progress in the above areas
- To ensure consistent and meaningful evaluation of all programs and services is carried out in order to assess their impact and success and to make needed changes and improvements as indicated
- Provide resources for clients and referrals as deemed necessary
- Liaise with hospitals, community agencies, health professionals, mental health workers, drug and alcohol counsellors, child and family services
- Able to budget time and resources as well as organize programs that would benefit the community
- Able and willing to do outreach as required

#### **Other Related Duties**

- To participate on in staff meetings
- To participate actively as a SFN representative in collaborative partner networks and in related community activities
- To identify client needs and access the proper resources to provide support to clients
- Participate in SFN sponsored community events
- Some evening and weekend work will be necessary

## Qualifications

- The ideal candidate will have a Bachelor's degree in Social Work or Nursing, be a Registered Clinical Counsellor, or Psychologist, or an equivalent combination of education & experience
- Experience in mental health, childhood trauma, or addictions would be considered an asset
- Knowledge and experience in culturally appropriate programs and community-based service delivery
- Experience and knowledge of health promotion, community counselling, brief intervention
- Have excellent oral and written communication skills, plus strong negotiation skills
- Ability to solve problems, make effective decisions, resolve conflicts and manage time effectively
- Excellent computer skills
- Effective time management
- Ability to work independently as well as within a team environment
- The ability to keep confidential documents
- Valid BC Driver's License, a positive role model and the ability to pass a Criminal Records Check
- Oath of Confidentiality

## Additional Information

**Saulteau First Nations (SFN)** is a section 10 band within the meaning of the Indian Act. The Band has been formed by the amalgamation of Dunne - Za, Cree, and Saulteau residents. This First Nations community is covered by Treaty 8. The community is located at the east end of Moberly Lake, which is about 100km southwest of Fort St. John on Highway 29. There is one reserve, East Moberly Lake No.169, spread over 3025.8 hectares.

For consideration, interested persons should submit a cover letter and resume and three references. Please provide evidence of qualifications, skills and abilities. Send your application to **HR@saulteau.com**

Terms of employment:  
Full-Time Term Position  
Benefits package and Pension Plan Available  
This position reports to the Director of Health

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry in the event of equal qualifications.

Job will be posted until a suitable candidate is selected.